## PRAYERS IN THE MORNING

Upon rising.

*A short personal prayer.*

IN THE CHURCH OR CHAPEL

L. Praise and thanks every moment,

A. To the Most Holy and Most Divine Sacrament, who came to dwell among us.

L. Sacred Hearts of Jesus and of Mary, our Divine Superiors,

A. Assist us and guide us. Amen.

L. Send, O Lord,

A. Holy Apostles into Your Church.

L. St. Hannibal Mary,

A. Pray for us.

\*ANGELUS

L. The Angel of the Lord declared unto Mary.

A. And she conceived by the Holy Spirit.

Hail Mary

L. Behold the handmaid of the Lord.

A. Be it done unto me according to your word.

Hail Mary

L. And the Word was made flesh.

A. And dwelt among us.

Hail Mary

L. Pray for us, O Holy Mother of God,

A. That we may be made worthy of the promises of Christ.

Let us pray.

Pour forth, we beseech you, O Lord, your grace into our hearts: that we, to whom the Incarnation of Christ, your Son, was made known by the message of an Angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ our Lord. Amen.

\* **Glory be to the Father** and to the Son and to the Holy Spirit.

As it was in the beginning, is now and will be forever. Amen. (3 times)

\* **Angel of God,** my guardian dear to whom God’s love commits me here,

ever this day be at my side, to light and guard, to rule and guide. Amen.

\* **Eternal rest** grant unto them, o Lord, and let perpetual light shine upon them.

May they rest in peace. Amen.

L. O Mary, Mother of the Church,

A. Pray for us and obtain for us many and holy vocations.

\* REGINA CÆLI (during Easter)

L. Queen of Heaven, rejoice, alleluia.

A. The Son whom you merited to bear, alleluia.

L. Has risen as he said, alleluia.

A. Pray for us to God, alleluia.

L. Rejoice and be glad, O Virgin Mary, alleluia.

A. For the Lord has truly risen, alleluia.

Let us pray.

O God, who through the resurrection of your Son, our Lord Jesus Christ, did vouchsafe to give joy to the world; grant, we beseech you, that through his Mother, the Virgin Mary, we may obtain the joys of everlasting life. Through the same Christ our Lord. Amen.

\* **Glory be to the Father** and to the Son and to the Holy Spirit.

As it was in the beginning, is now and will be forever. Amen. (3 times)

\* **Angel of God,** my guardian dear to whom God’s love commits me here,

ever this day be at my side, to light and guard, to rule and guide. Amen.

\* **Eternal rest** grant unto them, o Lord, and let perpetual light shine upon them.

May they rest in peace. Amen.

L. O Mary, Mother of the Church,

A. Pray for us and obtain for us many and holy vocations.

Offering of the day

**My God,** I adore you, and I love you with all my heart. I thank you for having created me, made me a Christian, called me to the consecrated life, and preserved me until this new day.

In union with the Eucharistic Sacrifice, I offer you the actions and sufferings of this day for the Church: for Pope N., the Bishops, Priests, and Deacons; for our Religious Family, for the Superiors and Confreres, for our parents and relatives, for the little ones and the poor, for our collaborators, for the youth, for those who suffer in body and spirit, for those who live in sin, and for all the departed. Reward our benefactors, through the intercession of St. Anthony of Padua. In particular, through the hands of Mary, I offer you the toil and prayer of this day, to obtain many and chosen laborers for your harvest. Preserve me from sin and every evil. May your grace be always with me. Amen.

Consecration to Mary

**O Mary,** to you I offer and consecrate my person and my life today: *“totus tuus!”* Use me and all that belongs to me for the greater glory of God, in time and in eternity. Amen.

Lauds

**MEDITATION**

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Before Meditation

**O God,** You are our Father, and we are Your family: open our minds to hear and understand your Word and give us a docile heart to what Your Spirit will tell us today. Amen.

Or:

**O Word,** splendor of the Father, enlighten us with the wisdom that comes from You so that everything we do may have its beginning and fulfillment in You. Amen.

Or:

L. Come Holy Spirit, fill the hearts of your faithful,

A. and kindle in them the fire of your love.

L. Send forth your Spirit, and they shall be created,

A. and you shall renew the face of the earth.

**Let us pray.**

O God, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit, help us to know what is truly right and always to rejoice in your consolation. We ask this through Christ, Our Lord. Amen.

After Meditation

**O God,** who in Your Son has told us everything and has given us all things, accept our humble thanksgiving and make us worthy heralds of the Word that saves. Amen.

Or:

**O Father of mercies,** who directs our whole life to a good end, fill our days with Your peace and grant that we may put Your Word into practice. In the Name of Your Son. Amen.

Or:

**Holy Spirit,** in silence and prayer, you keep alive in us the memory of Christ who died and rose again for our salvation. Make our hearts completely free and pure, and grant success to our efforts to do good. Amen.

**Conclusion of Community Prayer**

All prayers are concluded in this way before leaving the Chapel or the Church.

**L.** Lord Jesus,

A. Deliver us from evil.

**L**. Praise and thanks every moment,

A. To the Most Holy and Most Divine Sacrament, who came to dwell among us.

L. Send, O Lord,

A. Holy Apostles into Your Church.

## PRAYERS AT MIDDAY

\*Spiritual Communion

**Lord our God,** you are the bread of life and the bond of unity. May your Eucharistic presence strengthen our community in fraternal communion and make it a sign of your saving love. Amen.

\*For good laborers

**O sweetest Heart of Jesus,** by saying: “Pray the Lord of the harvest to send laborers into his harvest,” you have given us confidence that you will hear us when we ask you for this great grace; in obedience to this command of your divine zeal, we beg you, deign to send good laborers into your Church and for this purpose, we address to you the most effective of all the prayers, which you have taught us. *Our Father.*

Or*:*

**O sweetest Heart of Jesus,** who throughout your earthly life, you have always sought the glory of the Father, be pleased to send good evangelical laborers to the holy Church, so that by the holiness of life and apostolic work they may constantly glorify the Father who is in heaven. *Our Father.*

Or*:*

**O sweetest Heart of Jesus**, you were thirsty and you thirst for souls, that not only you gave yourself completely to us, but you also left your Eternal Priesthood on earth for the salvation of all. Mercifully draw from your open side holy ministers, full of true zeal, who will win countless souls for you. Amen. *Our Father.*

Prayer to St. Hannibal Mary

**Most loving St. Hannibal Mary,** our Founder and Father, hear the prayer we confidently address to you: Awaken in our hearts an ardent desire for holiness; help us to follow more closely the Christ of the Rogate in the unceasing prayer for the laborers of the Gospel and in the service of the little ones and the poor; teach us to draw the zeal from the sources of the Word of God and the Liturgy; inspire in us a deep faith in the mystery of the Eucharist, a tender and devout love for the Virgin Mary and the Saints; strengthen our fidelity and unity in the Charism; obtain for us the grace of new and holy vocations to announce the Gospel of the Rogate to the world for the praise and glory of the Holy Trinity. Amen.

Prayer for the Confreres who are candidates for the glory of the altars

**O God, our Father**, who makes your Church shine with the virtues of your faithful servants, glorify on earth our Confreres (N. N.) who, by consecrating their lives to the Rogate, have been shining examples of holiness for us. We ask you this for your greater glory and for the good of our souls. Amen.

For our Benefactors

L. O Lord, through the intercession of St. Anthony of Padua, reward all our benefactors,

A. Give them a hundredfold in this life and eternal happiness in heaven.