

# KAYA



# IDALANGIN

PRAYER LEAFLET FOR VOCATIONS

VOL. 32 | 57<sup>TH</sup> WORLD DAY OF PRAYER FOR VOCATIONS

## WORDS *of* VOCATION

GRATITUDE • ENCOURAGEMENT  
FATIGUE • PRAISE

“EVERY VOCATION  
is born of that gaze of love  
with which the Lord came to meet us,  
perhaps even at a time when our boat  
was being battered by the storm.

- Pope Francis

57<sup>TH</sup> WORLD DAY OF PRAYER FOR VOCATIONS  
BOOKLET FOR THE LITURGICAL CELEBRATION



## MESSAGE OF THE HOLY FATHER, POPE FRANCIS, ON THE 57<sup>TH</sup> WORLD DAY OF PRAYER FOR VOCATIONS

# WORDS OF VOCATION



*Dear Brothers and Sisters,*

On 4 August last year, the 160th anniversary of the death of the Curé of Ars, I chose to write a letter to all those priests who daily devote their lives to the service of God's people in response to the Lord's call.

On that occasion, I chose four keywords – pain, gratitude, encouragement and praise – as a way of thanking priests and supporting their ministry. I believe that today, on this 57th World Day of Prayer for Vocations, those words can be addressed to the whole people of God, against the backdrop of the Gospel passage that recounts for us the remarkable experience of Jesus and Peter during a stormy night on the Sea of Galilee (cf. Mt 14:22-33).

After the multiplication of the loaves, which had astonished the crowds, Jesus told his disciples to get into the boat and precede him to the other shore, while he took leave of the people. The image of the disciples crossing the lake can evoke our own life's journey. Indeed, the boat of our lives slowly advances, restlessly looking for a safe haven and prepared to face the perils and promises of the sea, yet at the same time trusting

“

Indeed,  
*the boat of our lives*  
*slowly advances,*  
**RESTLESSLY LOOKING**  
*for a safe haven*

and prepared to face the perils  
and promises of the sea,  
yet at the same time  
*trusting that the helmsman*  
*will ultimately keep us*  
**ON THE RIGHT COURSE.**

“

# Gratitude



“

*How we find fulfilment in life  
is more than a decision we make  
as isolated individuals;  
above all else, it is a response  
to a call from on high.*

*The Lord points out our destination  
on the opposite shore  
and he grants us the courage  
to board the boat.*

“

that the helmsman will ultimately keep us on the right course. At times, though, the boat can drift off course, misled by mirages, not the lighthouse that leads it home, and be tossed by the tempests of difficulty, doubt and fear.

Something similar takes place in the hearts of those who, called to follow the Teacher of Nazareth, have to undertake a crossing and abandon their own security to become the Lord's disciples. The risk involved is real: the night falls, the headwinds howl, the boat is tossed by the waves, and fear of failure, of not being up to the call, can threaten to overwhelm them.

The Gospel, however, tells us that in the midst of this challenging journey we are not alone. Like the first ray of dawn in the heart of the night, the Lord comes walking on the troubled waters to join the disciples; he invites Peter to come to him on the waves, saves him when he sees him sinking and, once in the boat, makes the winds die down.

The first word of vocation, then, is gratitude. Taking the right course is not something we do on our own, nor does it depend solely on the road we choose to travel. How we find fulfilment in life is more than a decision we make as isolated individuals; above all else, it is a response to a call from on high. The Lord points out our

# ENCOURAGEMENT

“

*Every vocation*

is born of that

*gaze of love*

with which the Lord

came to meet us,

perhaps

*even at a time*

when our boat

was being battered

*by the storm.*

“



destination on the opposite shore and he grants us the courage to board the boat. In calling us, he becomes our helmsman; he accompanies and guides us; he prevents us from running aground on the shoals of indecision and even enables us to walk on surging waters.

Every vocation is born of that gaze of love with which the Lord came to meet us, perhaps even at a time when our boat was being battered by the storm. “Vocation, more than our own choice, is a response to the Lord’s unmerited call” (Letter to Priests, 4 August 2019). We will succeed in discovering and embracing our vocation once we open our hearts in gratitude and perceive the passage of God in our lives.

When the disciples see Jesus walking towards them on the sea, they first think that he is a ghost and are filled with fear. Jesus immediately reassures them with words that should constantly accompany our lives and our vocational journey: “Take heart, it is I; have no fear” (Mt 14:27). This, then, is the second word I wish to offer you: encouragement.

What frequently hinders our journey, our growth, our choosing the road the Lord is marking out for us, are certain “ghosts” that trouble our hearts. When we are called to leave safe shores and embrace

a state of life – like marriage, ministerial priesthood, consecrated life – our first reaction is often from the “ghost of disbelief”. Surely, this vocation is not for me! Can this really be the right path? Is the Lord really asking me to do this?

Those thoughts can keep growing – justifications and calculations that sap our determination and leave us hesitant and powerless on the shore where we started. We think we might be wrong, not up to the challenge, or simply glimpsing a ghost to be exorcized.

The Lord knows that a fundamental life choice – like marriage or special consecration to his service – calls for courage. He knows the questions, doubts and difficulties that toss the boat of our heart, and so he reassures us: “Take heart, it is I; have no fear!” We know in faith that he is present and comes to meet us, that he is ever at our side even amid stormy seas. This knowledge sets us free from that lethargy which I have called “sweet sorrow” (Letter to Priests, 4 August 2019), the interior discouragement that hold us back from experiencing the beauty of our vocation.

In the Letter to Priests, I also spoke about pain, but here I would like to translate the word differently, as fatigue. Every vocation brings with it a responsibility. The Lord calls us because he wants to enable us, like Peter, to “walk on water”, in



# FATIGUE

“

The Lord calls us  
**BECAUSE HE WANTS  
TO ENABLE US,  
LIKE PETER,**

to “walk on water”

*in other words,*

**to take charge of our lives  
and place them  
at the service of the Gospel,**  
in the concrete and everyday ways  
that he shows us,

**and specifically in the  
different forms of lay,  
priestly and consecrated  
VOCATION.**

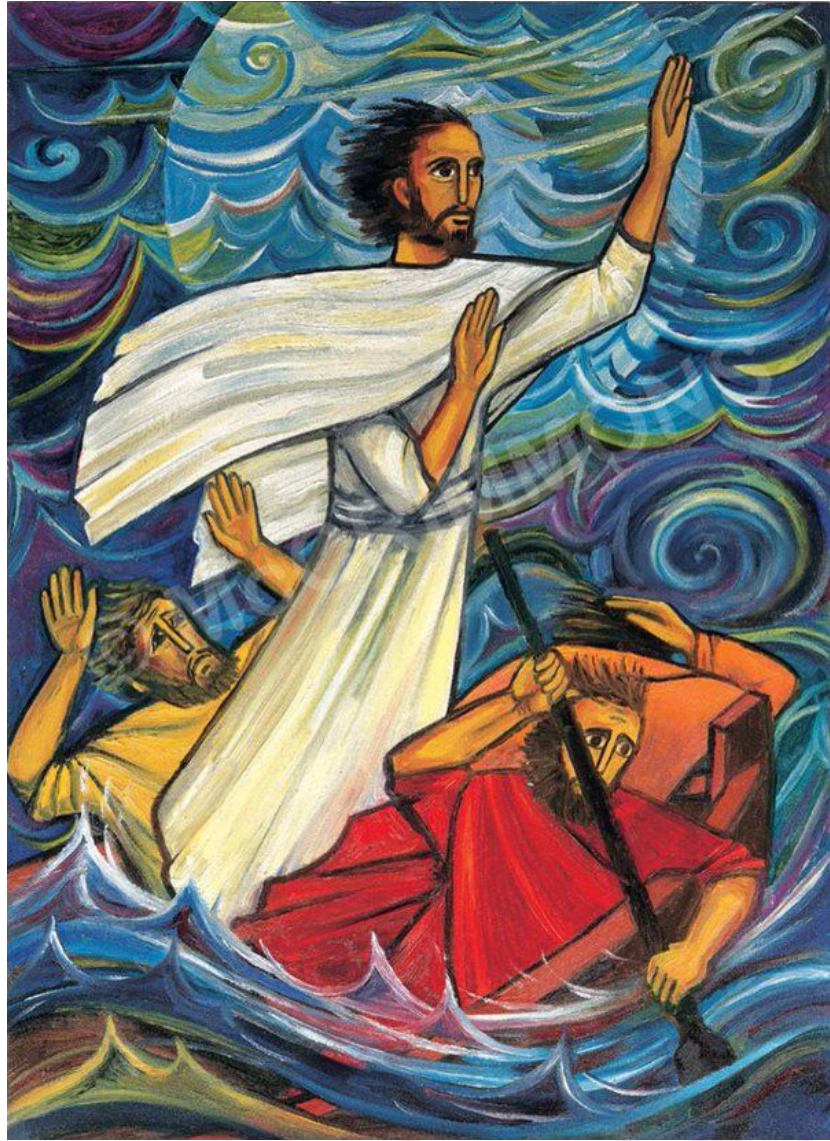
“

other words, to take charge of our lives and place them at the service of the Gospel, in the concrete and everyday ways that he shows us, and specifically in the different forms of lay, priestly and consecrated vocation. Yet, like Saint Peter, our desire and enthusiasm coexist with our failings and fears.

If we let ourselves be daunted by the responsibilities that await us – whether in married life or priestly ministry – or by the hardships in store for us, then we will soon turn away from the gaze of Jesus and, like Peter, we will begin to sink. On the other hand, despite our frailty and poverty, faith enables us to walk towards the Risen Lord and to weather every storm. Whenever fatigue or fear make us start to sink, Jesus holds out his hand to us. He gives us the enthusiasm we need to live our vocation with joy and fervour.

When Jesus at last boards the boat, the winds die down and the waves are calmed. Here we have a beautiful image of what the Lord can do at times of turbulence and tempest in our lives. He stills those winds, so that the forces of evil, fear and resignation no longer have power over us.

As we live out our specific vocation, those headwinds can wear us down. Here I think of all those who have important responsibilities in civil society, spouses whom I like to refer to – not without reason – as “courageous”, and in a particular way



“

*When Jesus boards the boat,*  
the winds die down  
and the waves are calmed.

*He stills those winds,*  
so that the forces of evil,  
fear and resignation  
*no longer have power over us.*

”

those who have embraced the consecrated life or the priesthood. I am conscious of your hard work, the sense of isolation that can at times weigh upon your hearts, the risk of falling into a rut that can gradually make the ardent flame of our vocation die down, the burden of the uncertainty and insecurity of the times, and worry about the future. Take heart, do not be afraid! Jesus is at our side, and if we acknowledge him as the one Lord of our lives, he will stretch out his hand, take hold of us and save us.

Even amid the storm-tossed waters, then, our lives become open to praise. This is the last of our vocation words, and it is an invitation to cultivate the interior disposition of the Blessed Virgin Mary. Grateful that Lord gazed upon her, faithful amid fear and turmoil, she courageously embraced her vocation and made of her life an eternal song of praise to the Lord.

Dear friends, on this day in particular, but also in the ordinary pastoral life of our communities, I ask the Church to continue to promote vocations. May she touch the hearts of the faithful and enable each of them to discover with gratitude God's call in their lives, to find courage to say "yes" to God, to overcome all weariness through faith in Christ, and to make of their lives a song of praise for God, for their brothers and sisters, and for the whole world. May the Virgin Mary accompany us and intercede for us.

Rome, Saint John Lateran, 8 March 2020,  
the Second Sunday of Lent

Franciscus



# PRAISE

“

**I ASK THE CHURCH**  
**to continue to promote vocations.**

*May she touch  
the hearts*

*of the faithful  
and enable each of them*

**TO DISCOVER WITH GRATITUDE**

God's call in their lives,

**TO FIND COURAGE**

to say "yes" to God,

**TO OVERCOME ALL WEARINESS**

through faith in Christ,  
and to make of their lives

**A SONG OF PRAISE FOR GOD,**

**for their brothers and sisters,  
and for the whole world.**

”

# BREAKING THE WORD



*"I believe that today, on this 57th World Day of Prayer for Vocations, those words can be addressed to the whole people of God, against the backdrop of the Gospel passage that recounts for us the remarkable experience of Jesus and Peter during a stormy night on the Sea of Galilee." - Pope Francis*

## FROM THE GOSPEL ACCORDING TO MATTHEW (14:22-33)

**T**hen Jesus made the disciples get into the boat and precede him to the other side, while he dismissed the crowds. After doing so, he went up on the mountain by himself to pray. When it was evening he was there alone. Meanwhile the boat, already a few miles offshore, was being tossed about by the waves, for the wind was against it. During the fourth watch of the night, he came toward them, walking on the sea.

When the disciples saw him walking on the sea they were terrified. "It is a ghost," they said, and they cried out in fear. At once [Jesus] spoke to them, "Take courage, it is I; do not be afraid." Peter said to him in reply, "Lord, if it is you, command me to come to you on the water." He said, "Come." Peter got out of the boat and began to walk on the water toward Jesus. But when he saw how [strong] the wind was he became frightened; and, beginning to sink, he cried out, "Lord, save me!" Immediately Jesus stretched out his hand and caught him, and said to him, "O you of little faith, why did you doubt?"

After they got into the boat, the wind died down. Those who were in the boat did him homage, saying, "Truly, you are the Son of God."

# BREAKING THE BREAD



*After reading the Message of Pope Francis on the 57th WDPV and the Gospel passage from Matthew 14:22-33...*

**A. JOURNAL WRITING:** In your journey as a Christian, how do the words **gratitude, encouragement, fatigue, and praise** change your life?

**B. SOCIAL MEDIA POST:** Choose one among the four words (**gratitude, encouragement, fatigue, praise**), and share/post a short reflection on it.



# 1ST DAY OF TRIDUUM: GRATITUDE FOR VOCATIONS

**Introduction:** In our 1st day of triduum to the 57<sup>th</sup> World Day of Prayer for Vocations, we are called to appreciate and thank the Lord for the gift of our vocation. Let us meditate on the words of the Pope: "How we find fulfillment in life is more than a decision we make as isolated individuals; above all else, it is a response to a call from on high." Let us pray that more men and women may find their life's fulfillment by serving the Lord in the faces of the people desiring for peace. May all of us, too, be grateful to the Lord by becoming instruments of charity.

## Opening Eucharistic Hymn

### Eucharistic Greetings (repeat three times)

**Leader:**

Praise and thanks every moment...

**All:**

to the most holy, most divine Sacrament...

**Leader:** Glory to the Father...

**All:** As it was in the beginning...

**Leader:** Send, O Lord...

**All:** Holy Apostles into Your Church!

## Spiritual Communion (p. 12)

## Moments of Personal Adoration

## Gospel Reading - Luke 9:57-62

## Personal Reflection / Homily

## Oratio Imperata for the COVID-19 (p.13)

### Community Prayer:

**All:** Our Father in heaven, You promised us you would not leave us orphans, for our salvation and sanctification, send your holy ministers who can give us the life of the spirit through the nourishment of faith

and charity. Holy be your name, through the apostolic work of your chosen ones, who, filled with your Holy Spirit make you known and loved by all the people on earth. Your Kingdom come, and may it be build by your faithful ministers, through the sanctity of their life and devoured by the zeal of your glory and the salvation of souls, bring all to Christian perfection. Your will be done on earth as it is in heaven. Eternal Father, do not cease to provide your Church with holy ministers, that all peoples may follow your holy law. Give us today our daily bread, the bread of your grace, that nourishes the soul in the gift of the Sacraments. We beseech you to enrich your Church with chosen ministers, to communicate to all souls your sanctifying grace. Forgive us our sins as we forgive those who sin against us. Lord send among the people chosen and faithful Priests who will handle the Sacrament of Reconciliation with love and holiness and may bring you countless souls Do not lead us to the test but deliver us from evil. If our sins have deprived us of your mercy, we beseech you: send ministers who are according to your Heart and through the zeal and self-sacrifice may be concerned in keeping the souls from sinning, and guide them to perfect holiness and salvation. Amen.

## Benediction; Divine Praises for Vocations (p. 12)

## Concluding Hymn

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### Suggested Activity:

Find time to meditate on the Community Prayer (in this schema) composed by St. Hannibal, that is, the "Our Father."

**Introduction:** In our 2<sup>nd</sup> day of triduum to the 57<sup>th</sup> World Day of Prayer for Vocations, we are called to focus on Jesus Christ, who keeps assuring us: "Take courage; it is I, do not be afraid" amidst the troubles, disappointments, trials, sufferings, and the discouragements we experience. Let us be reminded of the message of Pope Francis: "We know in faith that he is present and comes to meet us, that he is ever at our side even amid stormy seas. This sets us free from the interior discouragement that hold us back from experiencing the beauty of our vocation." Let us pray that those who have responded to God's calling may continuously experience the encouraging words of Jesus that makes His servants steadfast in their faith and service to the People of God.

## Opening Eucharistic Hymn

### Eucharistic Greetings (repeat three times)

**Leader:**

Praise and thanks every moment...

**All:**

to the most holy, most divine Sacrament...

**Leader:** Glory to the Father...

**All:** As it was in the beginning...

**Leader:** Send, O Lord...

**All:** Holy Apostles into Your Church!

## Spiritual Communion (p. 12)

## Chaplet of the Divine Mercy (p. 13)

## Gospel Reading - John 6:16-21

## Personal Reflection / Homily

## Oratio Imperata for the COVID-19 (p.13)

## Community Prayer:

**All:** Lord Jesus Christ, our Risen Lord, we praise and thank you for the gift of vocation we have received. We pray that we may attain full knowledge of the Father's will through perfect wisdom and spiritual insight and therefore lead a life worthy and pleasing to the Father in every way. May we multiply every good work and grow in our love of you. Be the light for all of us; endow us with the strength needed to stand fast, even to endure fully the troubles, anxieties, panic, fear, trials, sufferings, and the discouragements that may come. We give thanks to you, Lord Jesus, for having made us worthy to share the glory of the saints in light, through the gift of your resurrection. Lord, make us worthy of your call and by your power, fulfill in us every honest intention and work of faith. This way, may Your Name be glorified in us and you in the Father in accord with your gracious gift of the Holy Spirit, the Lord and Giver of Life. Amen.

## Benediction; Divine Praises for Vocations (p. 12)

## Concluding Hymn

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### Suggested Activities:

1. Find time to read again the Gospel passage from John 6:16-21. Identify one word or phrase that caught your attention. Write a short reflection on it.
2. Choose one of the suggested activities under "Breaking the Bread" on page 8.
3. Offer a personal prayer for strength to the frontliners and complete healing to those afflicted with the COVID-19.

**Introduction:** In our 3<sup>rd</sup> day of triduum to the 57<sup>th</sup> World Day of Prayer for Vocations, we are called to reflect on “praise,” which is important in living one’s vocation. Fidelity to one’s vocation is measured not by one’s personal interests, but of his/her zeal for real worship of God that is reflected in his/her service and charity to his/her neighbors. This requires an interior disposition to please God always by living in constant prayer, and passion in cultivating social conditions that allows peace and harmony to thrive. Let us be reminded of how Mama Mary embraced her vocation, amidst the turmoil and sufferings that her fellow citizens experienced that time. We ask her intercession, too, so that she can teach us to offer fitting praise to the Lord by listening and bearing witness to Jesus.

## Opening Eucharistic Hymn

### Eucharistic Greetings (repeat three times)

**Leader:**

Praise and thanks every moment...

**All:**

to the most holy, most divine Sacrament...

**Leader:** Glory to the Father...

**All:** As it was in the beginning...

**Leader:** Send, O Lord...

**All:** Holy Apostles into Your Church!

## Spiritual Communion (p. 12)

### Recitation of the Holy Rosary

(at the end of each mystery): O Mary, Our Lady of the Rogate, intercede for us.

## Gospel Reading - Luke 1:39-55

## Brief Personal Reflection

## Oratio Imperata for the COVID-19 (p.13)

## Community Prayer:

**Guide:** Let us present to Jesus our prayer of praise and thanksgiving. After every petition we will say: We praise and thank you, Lord.

**All:** We praise and thank you Lord.

**Guide:**

- For making us share in your gift of resurrection...
- For making us share in the eternal life with the Father...
- For making us share in the wonders of your new creation...
- For assuring us, “Do not be afraid...”
- For teaching us how to please God...
- For gathering us as a People of God...
- For being close to us when in peril...
- For your divine mercy that saves...
- For your divine mercy that heals...
- For your divine mercy that consoles...
- For your faithfulness shown in the increase of laborers in the vineyard...
- For sustaining us through the care of those who hold public office...
- For your care to the afflicted of the virus through the doctors and nurses...
- For giving us frontliners who help flatten the curve of pandemic in healthcare...
- For giving us backliners who offer their lives to sustain our daily sustenance and physical well-being.
- For giving us Mary, as our Mother...

## Benediction; Divine Praises for Vocations (p. 12)

## Concluding Hymn

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## Suggested Activity:

Find time to pray and meditate on the Litany of Supplication on page 13.



# PRAYERS FOR USE DURING ADORATION FOR VOCATIONS

*(These prayers are used when there is possibility of visiting the Blessed Sacrament or participating in the Adoration liturgy.)*

## **SPIRITUAL COMMUNION:**

*(may be prayed outside the liturgy...)*

O my Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I receive you into my soul. Since I cannot now receive you sacramentally, come to me spiritually. I welcome you and unite myself entirely with you. Do not permit me ever to be separated from you. Jesus, I believe in you, I hope in you, and I love you.

## **BENEDICTION (TANTUM ERGO) - LATIN:**

Tantum ergo Sacramentum  
Veneremur cernui:  
Et antiquum documentum  
Novo cedat ritui:  
Præstet fides supplementum  
Sensuum defectui.  
Genitori, Genitoque  
Laus et iubilatio,  
Salus, honor, virtus quoque  
Sit et benedictio:  
Procedenti ab utroque  
Compar sit laudatio. Amen.

P: Panem de cælo præstitisti eis...

R: Omne delectamentum in se habentem

*Oremus:* Deus, qui nobis sub sacramento mirabili, passionis tuæ memoriam reliquisti: tribue, quæsumus, ita nos corporis et sanguinis tui sacra mysteria venerari, ut redemptionis tuæ fructum in nobis iugiter sentiamus. Qui vivis et regnas in sæcula sæculorum.

R: Amen.

## **BENEDICTION (TANTUM ERGO) - ENGLISH:**

Down in adoration falling,  
Lo! the sacred Host we hail,  
Lo! o'er ancient forms departing  
Newer rites of grace prevail;  
Faith for all defects supplying,  
Where the feeble senses fail.  
To the Everlasting Father,

And the Son Who reigns on high  
With the Holy Spirit proceeding  
Forth from Each eternally,  
Be salvation, honour, blessing,  
Might, and endless majesty. Amen.

P: Thou hast given them bread from heaven.

R: Having within it all sweetness.

*Let us pray:* O God, who in this wonderful Sacrament left us a memorial of Thy Passion: grant, we implore Thee, that we may so venerate the sacred mysteries of Thy Body and Blood, as always to be conscious of the fruit of Thy Redemption. Thou who livest and reignest forever and ever.

R: Amen.

## **DIVINE PRAISES FOR VOCATIONS:**

Blessed be God, Author of Vocations.

Blessed be the Name of the Lord  
of the Harvest.

Blessed be Jesus Christ  
the Compassionate Lord.

Blessed be his Most Sacred Heart, the  
Merciful.

Blessed be His Most Precious Blood,  
who washed our sins.

Blessed be Jesus in the Eucharist  
our spiritual food.

Blessed be the Holy Spirit,  
Light of all those who are called.

Blessed be the Great Mother of God,  
Mary Mother of Vocations.

Blessed be her Immaculate Conception,  
the Model of all Priests.

Blessed be the Name of Mary,  
Virgin and Mother of all Missionaries.

Blessed be her glorious Assumption,  
intercessor upon all the Candidates  
to the Consecrated life.

Blessed be St. Joseph,  
Protector of the Universal Church.

Blessed be God, in His Holy Apostles  
and Saints of the Church.



## PRAYERS TO SUPPLEMENT IN THE CELEBRATION OF THE 57TH WORLD DAY OF PRAYER FOR VOCATIONS

*(These are some prayers that are inserted in the schema of the whole triduum of prayer on the 57th World Day of Prayer for Vocations.)*

### THE CHAPLET OF DIVINE MERCY:

**Prayer Leader:** Dear brethren, let us now turn to the merciful Jesus, who in His love has promised us to take care of us even in times of uncertainties, sicknesses, sorrow, panic, and fear. Let us all kneel, as we pray the chaplet of the divine mercy.

**All:** You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

**All:** O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You! *(Repeat three times)*

**All:** Our Father... Hail Mary... I believe in God

*(This will be prayed at every large bead – Our Father/Glory Bead.)*

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

*(This will be prayed on the ten small beads of each decade.)*

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

*(After reciting the five decades, the following will be prayed and repeated three times:)*

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

**Concluding Prayer:** Eternal God, in whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself. Amen.

### ORATIO IMPERATA ON THE COVID-19:

God our Father, we come to you in our need to ask your protection against the COVID 19 that has disturbed and even claimed lives.

We pray that you guide the people tasked to find cures for this disease and to stem its transmission.

Protect the medical experts that they may minister to the sick with competence and compassion.

We pray for those afflicted. May they be restored to health soon.

Protect those who care for them.

Grant eternal rest to those who have died.

Give us the grace in this trying time to work for the good of all and to help those in need.

We implore you to stop the spread of this virus and to save us from our fears.

Grant all these through our Lord Jesus Christ your Son who lives and reigns with you, in the unity of the Holy Spirit, one God, forever and ever. Amen.

We fly to Your protection, oh Holy Mother of God. Do not despise our petition in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin. Amen.

Our Lady, Health of the Sick, pray for us.

St. Raphael the Archangel, pray for us.

St. Rock, pray for us.

St. Lorenzo Ruiz, pray for us

St. Pedro Calungsod, pray for us.

St. Hannibal Mary, pray for us.

Send, O Lord, holy Apostles into your Church!



# SUGGESTED PRAYER GUIDE FOR A HOLY HOUR OF PRAYER TO END THE COVID-19 PANDEMIC

**Editor's Note:** No pandemic can hinder us in the celebration of the 57th World Day of Prayer for Vocations. That is why our *Kaya Idalangin* staff wishes to offer a suggested prayer guide for a holy hour prayer to end the COVID-19 pandemic. We hope that even as we stay and pray in our homes, these sets prayers may help us become aware of the healing presence of the Lord, amidst the experience of the COVID-19 pandemic around the world.

**Introduction:** The spread of the COVID-19 has evolved into becoming a pandemic, that is, a disease that has affected many countries, since its outbreak last December 2019. Countless lives have been afflicted with the virus, while many worked together to prevent the spread of the virus, beginning from the national government, as well as the Church, alongside with other sectors of the society. Countless measures have been taken, so that the virus may no longer contaminate other communities and individuals. It is with hope that, sooner, a cure may finally be made and then administered to those affected by the virus.

Meanwhile, our Christian faith calls us to focus our attention to Jesus Christ, our Divine Healer. Throughout His mission of proclaiming the Kingdom of God, He accompanied it with powerful signs and wonders such as preaching, exorcism, and healing. He perfected the healing of our humanity by offering Himself through the Eucharist which He instituted, all the way towards His sacrifice on the Cross. There, sin and death were nailed, and new life that He created through the Cross ushered into humanity.

Through His resurrection, we believe that suffering, sin, and death no longer have the final say, but the life that Jesus Christ promised to each of us. Let us spend this hour of prayer to plead the Lord to intervene and cease the spread of the virus, and at

the same time, to ask for His mercy to forgive us and let us be reconciled to Him and to our brothers and sisters.

**ALL:** In the Name of the Father (+), and of the Son, and of the Holy Spirit. Amen.

*A brief period of silence may begin here.*

## SUGGESTED SCRIPTURAL READINGS FOR FAMILY OR FOR PERSONAL REFLECTION:

From the OLD TESTAMENT:

- **The Cure and Song of King Hezekiah** (Isaiah 38:1-20)
- **The Cure of Naaman, the Syrian** (2 Kings 5:1-14)

From the NEW TESTAMENT:

- **The Cure of the Paralytic** (Mark 2:1-12)
- **The Cure of the Blind Man** (Luke 18:35-43)
- **The Cure of the Leper** (Matthew 8:1-4)
- **The Healing of the Centurion's Servant** (Matthew 8:5-13)
- **The Healing of Peter's Mother-in-law** (Matthew 8:14-17)
- **The Raising of Lazarus** (John 11:1-44)
- **The Crown of Righteousness** (2 Timothy 4:6-8)

*A brief period of silence may continue here.*

**GUIDE:** Father of mercy, turn your merciful eyes on us who pray to you. Look at the needs of men created and redeemed by

your love, now they are suffering because of sin and the countless crosses of life: come to our help, Father!

**ALL: Come to our help, Father!**

1. Lord, you have sent your apostles in every region of the earth that they may bring the good news to all peoples; look how until now the Word awaits to be announced to millions of people; arouse in your Church, generous souls who are ready to make known the good news of salvation, that heals and saves, in works and deeds. We pray.

2. Lord, you have interceded that your Church may remain united and steadfast even at the face of evil, look at the many afflictions among us, caused by the spread of the COVID-19; may we never suffer the loss of those who care for us and of those who are at the forefront fighting to prevent the spread of the pandemic. We pray.

3. Lord, you provide for the numerous needs of our brothers and sisters by calling many strong souls committed in spreading the Gospel by assisting the sick, in human upliftment. Grant that all those who work for your Kingdom, by encouraging and caring for the sick, be strengthened by your assurance that even in their striving to work for the cure, you are present. We pray.

4. Lord Jesus, you have saved us by your Cross, and you invite us to follow you by carrying our own crosses. Grant that those who suffer in body and spirit may accept their suffering with love as precious instrument of salvation. We pray.

**GUIDE:** Almighty and eternal, God, You sent Your Son, our Lord Jesus Christ, to become our Divine Healer, who saved humanity and creation through the Cross that ushers new life. Grant us the grace to remain steadfast and hopeful that, believing in Your constant presence in Your people, the pandemic brought by the COVID-19 may cease and be averted. May we be strengthened by Your grace to also reach

out and help those who are afflicted with the virus, believing that with the Spirit which You graciously bestowed upon us, we, too may learn to experience to be humane and compassionate, just like Your Son Jesus. Amen.

**ALL:** In the Name of the Father (+), and of the Son, and of the Holy Spirit. Amen.

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**PRAYER FOR THE HEALING  
OF THOSE AFFLICTED BY THE COVID-19**

Lord Jesus, our Divine Healer, we come before You to pray for those infected with the COVID-19. We pray for their comfort and healing. Lord, please eradicate every ounce of this virus from their bodies. Please heal every cell in their bodies, every infected part of their being. We pray for no lasting effects in their bodies from this illness. Please heal them inside and out and provide them with the medical care and medications they need. Heal them both physically and spiritually so that they may live the abundance of life you have promised. Amen.

**PRAYER FOR THOSE SERVING  
AT THE FRONTLINE OF HEALTH CARE**

Lord Jesus, we pray for those who are caring for the sick, especially those afflicted by the COVID-19. We pray that You would be their source of rest, their source of replenishment when weary, and their source of hope in such overwhelming times. Lord we know that whosoever pours out shall be given back in proportion, so we pray blessings upon these caregivers. We also pray for their health that they may not fall ill. Protect them with a hedge of protection against the germs of coronavirus and help those who are giving to be protected, as they nurse others back to health.

**PRAYER FOR THOSE LIVING IN PANIC AND FEAR**

Lord Jesus, we know that You are bigger than the threat of anything, especially illnesses. Please comfort those who are living in fear: free them from the bondage that anxiety creates within. Remind them that You are still on the Throne and that You are still in control. Fully rain down the serenity that comes only from you. Help those who are living in unease to trust You in this time so that in times to come we may rest assured that You will be faithful to be with us until the end of the age. In You, Lord Jesus, we trust. Amen.



# GUIDE FOR THE HOLY MASS

FOR THE 57<sup>TH</sup> WORLD DAY OF PRAYER FOR VOCATIONS

**Introduction:** Today is the Fourth Sunday of Easter, which is also known as the “Good Shepherd Sunday.” We turn our gaze to the Risen Jesus, who is the Good Shepherd and who continues to assure us: “Take courage; it is I, do not be afraid.” He is the Good Shepherd because He gathers and lead us back to the Father, so that He can bestow life in us.

This message resounds in our context today: with the pandemic that has changed lives, our Lord is ever present through the Church who continues to sustain the people, both spiritually and in charity, and as well as those who risk their lives in order to save those afflicted by the COVID-19 and to provide daily sustenance to those struggling to survive everyday. As we are enjoined by the Pope to reflect on the “Words of Vocation,” may we, as one People of God, learn to appreciate our baptismal calling to be holy by being grateful, aware of the encouragement of Jesus amidst fatigue and pain, and ultimately, leading our lives to praise God.

May we, through this Mass, experience a springtime of vocations, who are ready to lay down their lives at the service of their needy brethren.

**Entrance Hymn**

**Greetings / Penitential Rite / Glory to God**

**Collect:** FOURTH SUNDAY OF EASTER:  
*(only required Collect for the 4th Sunday of Easter)*  
Almighty ever-living God, lead us to a share in the joys of heaven, so that the humble flock may reach where the brave Shepherd has gone before. Who

lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

## LITURGY OF THE WORD:

**First Reading:** Acts 2:14, 36-41

**Responsorial Psalm:** Psalm 23:1-3, 3-4, 5, 6

**Second Reading:** 1 Peter 2:20-25

**Gospel Reading:** John 10:1-10

**Homily of the Celebrant, followed by Creed**

**Prayers of the Faithful:** *(in addition to the prepared prayers by the community)*

That all of us may experience a springtime of vocations by being grateful of our Christian calling, aware of the encouragement of Christ amidst troubles, and committed to lead our lives that continues to praise God. *We pray to the Lord.*

**LITURGY OF THE EUCHARIST** *(follows as usual...)*

**PRAYER FOR VOCATIONS:** *(This can be prayed after Post-Communion Prayer.)*

Lord Jesus, You told your disciples: “Pray, therefore, the Lord of the harvest, to send laborers to His harvest” We beg You! Send many and holy priests and religious in our Diocese, and in the whole world. Have mercy on us! Grant O Lord, the grace of perseverance and fidelity to those whom you have called. We trust in you!

Mary Mother of Vocations, pray for us.  
St. Hannibal Mary Di Francia, pray for us.  
St. John Mary Vianney, pray for us.

Send, O Lord, Holy Apostles into Your Church!

**Final Blessing and Recessional Hymn**



The **Kaya Idalangin** is produced by the Provincial Rogate Vocational Center to spread awareness to pray and work for holy vocations.

For copies of **Kaya Idalangin** issues, send us an email request at [info@rogate.asia](mailto:info@rogate.asia), call us at (02) 826-0002, or write to us at:

**PROVINCIAL ROGATE VOCATIONAL CENTER**  
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**St. Hannibal Mary Di Francia, pray for us!**  
**Send, O Lord, Holy Apostles into Your Church!**

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